

## BEVERAGES

### DRINK IN OR TAKEAWAY

MUG OF TEA	£1.30
POT OF TEA	£1.70
YOGI HERBAL TEAS (see menu)	£1.30
INSTANT COFFEE	£1.50
AMERICANO CUP	£1.60
AMERICANO MUG	£1.80
	Regular    Large
CAPPUCCINO	£2.20    £2.80
LATTE	£2.20    £2.80
MOCHA	-        £2.80
DOUBLE ESPRESSO	£2.00
EXTRA SHOT	60p
HOT CHOCOLATE	£1.80
HOT CHOCOLATE WITH MARSHMALLOWS	£2.00
CHILDREN'S HOT CHOCOLATE	£1.50
JUICE CARTONS	90p
WILD WATERS	£1.00
JUICE BURSTS	£1.80
STILL WATER	£1.00
SPARKLING WATER	£1.30
SUSO CANS <i>sparkling berry, tropical, orange or apple</i>	£1.40
ORGANIC COCONUT WATER	£2.00
WHOLE EARTH ORGANIC <i>sparkling cola, ginger, elderflower or lemonade</i>	£1.90

## ALCOHOL MENU

SERVED FROM 12 NOON TO CLOSE  
ON SALES ONLY WITH FOOD PURCHASE

WINE BOTTLES /GLASS 187ML -	£3.40
PERONI BOTTLES 330ML -	£3.90
ALE BOTTLES 500ml -	£3.60
MAGNERS 500ml -	£3.50

Credit & debit cards incur a 50p charge  
**THE KITCHEN CLOSERS 1 HOUR BEFORE  
CLOSING TIME**

## GLUTEN & ALLERGY ADVICE

We have gluten free rolls, wraps & dressing.

We charge 50p extra for these.

Almond milk is available

Our ingredients list is available for those with allergies.  
Please ask a member of staff who will be happy to help,  
most dishes can be adjusted to your requirements.



**NEW!**

Monday to Friday  
2-4pm

# Afternoon Tea

for 2 or more people



## £8 per person

*excludes bank and school holidays*

## MONDAY WALKS

With Katherine & Tilly 10.30am from the café. Approx 5 miles, we get back to the café about 12 noon. Just in time for a cuppa or lunch

## PICNICS & RUBBISH

*The café tables are for customers only . Please do not consume your own food at our tables, you may be asked to move. We provide a **takeaway** service for drinks at **The ice cream parlour** you may wish to purchase to go with your picnic. Thank you.*

*Please help look after our woodland & take your picnic rubbish home. The café has bins for café purchases only.*

SPRING/  
SUMMER 2016



WHERE ANCIENT  
WOODLAND MEETS A  
DELICIOUS LUNCH

OPEN EVERY DAY

9AM TO 5PM

KITCHEN CLOSERS 1 HOUR  
BEFORE CAFÉ CLOSERS

Phone: 01604 861234

[www.salceyforestcafe.com](http://www.salceyforestcafe.com)



search  
"The Salcey Forest Cafe"  
for news and offers

## BREAKFAST & HOT SNACKS

<b>FOREST BREAKFAST</b>	<b>£6.00</b>
<i>Egg, bacon, sausage, beans, fresh tomato &amp; mushrooms with brown or white toast.</i>	
<b>TOAST &amp; BUTTER</b>	<b>£1.60</b>
<i>2 slices of white or multigrain bread &amp; butter</i>	
<b>JAM OR MARMALADE PORTION</b>	<b>40p</b>
<b>BACON BAP</b>	<b>£3.50</b>
<b>SAUSAGE BAP</b>	<b>£3.70</b>
<b>EGG BAP</b>	<b>£2.50</b>
<b>THE WORKS</b> <i>Bacon, sausage &amp; egg</i>	<b>£5.20</b>
<b>SAUSAGE ROLLS</b>	<b>£2.00</b>
<b>MEAT PASTIES</b>	<b>£3.40</b>
<b>CHEESE PASTIES</b>	<b>£1.90</b>

## FRESHLY PREPARED SANDWICHES

SERVED ON WHITE OR BROWN BREAD WITH DRESSED SALAD  
& TORTILLA CHIPS (gf) available

<b>MATURE CHEDDAR</b>	<b>£3.70</b>
<b>EGG MAYO &amp; CRESS</b>	<b>£3.60</b>
<b>TUNA MAYO</b>	<b>£3.60</b>
<b>HAND CUT HAM</b>	<b>£4.10</b>
<b>CHICKEN &amp; BACON MAYO</b>	<b>£4.10</b>
<b>CORONATION CHICKEN</b>	<b>£4.10</b>
<b>FILLING OF THE WEEK</b>	<i>from</i> <b>£4.20</b>

**FRESH FILLED ROLLS** AVAILABLE IN THE CHILLER AT WEEKENDS AND SCHOOL HOLIDAYS FROM **£3.00**

## HOMEMADE & WHOLESOME LUNCHES

<b>SOUP OF THE DAY</b> <i>Served with hand cut crusty bread &amp; butter. Seasonal fresh vegetables all locally sourced (v)(gf)</i>	<b>£4.40</b>
<b>SOUP &amp; SANDWICH</b> <i>Soup of the day. With a sandwich of your choice on white or multigrain bread.</i>	<b>£7.00</b>
<b>VEGETARIAN HOT POT</b> <i>Fresh vegetables, herbs &amp; beans are used in making our hot pot. Served with fresh crusty bread &amp; butter or rice. (v) (gf)</i>	<b>£6.20</b>
<b>CHILLI CON CARNE</b> <i>Try Sam's hot bowl of chilli made with scotch bonnet chillis! Served with rice or crusty bread or both (extra 60p) if you are really hungry... (gf)</i>	<b>£6.80</b>
<b>NACHOS BOWL</b> <i>With salsa, sour cream, guacamole &amp; cheese. (v)</i>	<b>£4.20</b>
<b>NACHOS CHILLI PLATTER</b> <i>Nachos with chilli con carne, sour cream, guacamole and cheese.</i>	<b>£7.20</b>
<b>ENCHILADAS</b> <i>Spicy chicken or spicy vegetables served with side salad and sour cream. (v) (gf) available</i>	<b>£6.80</b>
<b>PLOUGHMAN'S PLATTER</b> <i>served with cheddar, stilton and hand cut ham.</i>	<b>£8.50</b>
<b>DAILY SPECIAL</b> <i>Monday to Friday see the specials board for today's home cooked lunch or salad.</i>	<i>From</i> <b>£6.00</b>
<b>ROAST IN A ROLL</b> <i>Roast pork with all the trimmings on</i> <b>Saturday &amp; Sunday</b> <i>only.</i>	<b>£4.80</b>

## JACKET POTATOES

SERVED WITH SALAD, DRESSING & BUTTER

<b>BAKED BEANS OR MATURE CHEDDAR</b>	<b>£5.30</b>
<b>CHILLI CON CARNE</b>	<b>£5.90</b>
<b>CHICKEN &amp; BACON MAYO</b>	<b>£5.90</b>
<b>VEG HOT POT</b>	<b>£5.90</b>
<b>CORONATION CHICKEN</b>	<b>£5.90</b>
<b>COLESLAW</b>	<b>£5.30</b>
<b>TUNA AND CHEESE MELT</b>	<b>£5.90</b>
<b>EXTRA FILLINGS</b>	<b>70p</b>

## LITTLE PERSONS

<b>JACKET POTATO HALF</b> <i>Cheese, beans or tuna half jacket, with carrot and cucumber sticks.</i>	<b>£4.00</b>
<b>FOREST FEAST</b> <i>Jam, nutella, marmite, dairylea, cheddar, tuna mayo or egg mayo sandwich on best of both bread. Cucumber, carrot &amp; apple sticks &amp; pom bears.</i>	<b>£3.70</b>
<b>PASTA IN TOMATO SAUCE</b> <i>served with cheese on top</i>	<b>£4.00</b>
<i>All our children's meals are served with milk or a carton of apple or orange juice</i>	

## SWEET TREATS

<b>HOT APPLE PIE</b> <i>with custard, clotted cream or ice cream.</i>	<b>£3.80</b>
<b>CHOCOLATE FUDGE CAKE</b> <i>gently warmed chocolate challenge.</i>	<b>£3.80</b>
<b>ORGANIC CARROT CAKE</b>	<b>£2.90</b>
<b>CAKE SLICES</b> <i>fruit, lemon drizzle, coffee sponge &amp; victoria sponge, to name a few. All on the dresser for you to choose from.</i>	<i>From</i> <b>£1.00</b>
<b>TOASTED TEACAKE &amp; BUTTER</b>	<b>£1.90</b>
<b>FRUIT SCONE &amp; BUTTER</b>	<b>£1.70</b>
<b>CLOTTED CREAM TEA</b> <i>Fruit Scone jam &amp; clotted cream served with a pot of tea.</i>	<b>£4.00</b>
<b>FRUIT</b>	<b>80p</b>
<b>CRISPS</b>	<b>90p</b>
<b>SNACKS &amp; SWEETS</b>	<i>from</i> <b>25p</b>